



ALAN KARBELNIG PhD, ABPP

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PSYCHOLOGIST – psy10347

*Psychotherapy  
Psychoanalysis &  
Psychological  
Assessment*

## BIOGRAPHY

*Psychotherapy:* Dr. Karbelnig spends most of his time providing psychoanalytically oriented psychotherapy to individuals, couples, families, and groups. His qualifications include having earned two PhDs, received psychoanalytic training at the New Center for Psychoanalysis (NCP), achieved Certification in Psychoanalysis, and earned the status of a Supervising and Training Psychoanalyst. Further, he founded, serves on the Board of Directors of, and teaches at Rose City Center—a not-for-profit psychoanalytic psychotherapy clinic serving the economically disadvantaged.

*Teaching:* An award-winning teacher, Dr. Karbelnig lectures locally, nationally and internationally including in Beijing, China, where he taught “British Object Relations Theory” and in Delhi and Ahmedabad, India where he lectured on “The Lover, The Exorcist, and The Critic: Understanding Depth Psychotherapists’ Work.” He teaches “The Relational Turn” to residents in Psychiatry at UC Irvine and has spoken to USC Medical School Faculty on “The Complexities of the Physician-Patient Relationship.”

*Writing:* A scholar in psychoanalysis, psychoanalytic psychotherapy, mental health law and ethics, Dr. Karbelnig enjoys writing. He has published articles in professional journals and periodicals.

*Forensic Psychology:* Dr. Karbelnig is Board Certified in Forensic Psychology by the American Board of Professional Psychology (ABPP). He provides a wide range of forensic psychology services specializing in employment law (such as determining the psychological impact of wrongful termination, age discrimination or sexual harassment) and administrative law (such as evaluating the competency of psychologists in performing their actual work, i.e. properly maintaining confidentiality or conducting child custody evaluations, etc. or assessing their mental status). He is also certified by the Peace Officers Standards and Training (POST) commission to conduct psychological evaluations of peace officers.

## EDUCATION

|     |   |      |
|-----|---|------|
| PhD | <b>NEW CENTER FOR PSYCHOANALYSIS</b><br>Psychoanalytic Training Program<br>Thesis Topic: Demoniactal Possession Revisited:<br>Studies in Splitting, Identification and Enactment  | 1996 |
| PhD | <b>UNIVERSITY OF SOUTHERN CALIFORNIA</b><br>Department of Counseling Psychology<br>Specialization in Clinical Assessment<br>Dissertation Topic: Psychosocial Factors Affecting<br>Compliance with Stress Management Programs                                  | 1986 |
| MS  | <b>UNIVERSITY OF SOUTHERN CALIFORNIA</b><br>Department of Counseling Psychology<br>Masters Thesis Topic: Social Isolation and Adolescent Suicide  | 1981 |
| BA  | <b>UNIVERSITY OF CALIFORNIA AT LOS ANGELES</b><br>Department of Psychology<br>Highest Department Honors<br>Senior Honors Thesis Topic: Effects of Aerobic Running on Trait Anxiety<br>UCLA <i>Daily Bruin</i> Staff: Editorial Director, City Editor & Writer | 1979 |



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## EXPERIENCE

### **Psychologist; Psychoanalyst**

PRIVATE PRACTICE

1988 - Present

Provide psychotherapeutic services to individuals, groups, and families with additional specialization in clinical assessment with special interest in forensic psychology evaluations. Also perform assessments of psychiatric inpatients and outpatients for determination of precise diagnosis, treatment planning, and related issues.

### **Senior Faculty**

THE NEW CENTER FOR PSYCHOANALYSIS

1996 - Present

Teach courses in psychoanalytic training, psychodynamic psychotherapy, and extension division programs. Courses include both theoretical and applied clinical topics.

### **Co-Director; Psychologist**

FAIR OAKS PSYCHOLOGICAL ASSOCIATES

1989- 1994

In an effort to establish a multi-disciplinary mental health group to evaluate and treat patients involved in various legal proceedings, Fair Oaks Psychological Associates was established in early 1989. As Co-Director, administered a wide range of evaluation and treatment services. Also provided direct services. The group offered comprehensive psychological evaluations of patients involved in workers' compensation, personal injury, family law, criminal law, and other forensic matters. Staff included psychologists, psychiatrists, and marriage, family, and child counselors.

### **Adjunct Professor of Psychology**

FULLER GRADUATE SCHOOL OF PSYCHOLOGY

1990 - 1992

FULLER THEOLOGICAL SEMINARY

Taught course titled An Integrated approach to Assessment to graduate students in psychology. Course focuses on integrating psychological test data with information garnered from mental status examinations, interviews, and medical records into comprehensive reports useful in a variety of treatment and forensic settings.

### **Staff Psychologist**

OPEN PATHS COMMUNITY COUNSELING CENTER

1979 - 1990

Practiced individual, group, and family psychotherapy for low income members of the West Los Angeles community. Provided in-service training in psychotherapy and assessment for students and interns. Developed community service programs.

### **Staff Psychologist**

WARREN L. JONES, M.D., Ph.D. & ASSOCIATES

1985 - 1989

Provided psychotherapeutic and assessment services for individuals, groups and families. Assisted in forensic psychology evaluations conducted as part of a variety of legal proceedings.

### **Registered Psychological Assistant**

BLOCH MEDICAL CLINIC

1981 - 1985

Provided psychotherapy, biofeedback, and assessment services for patients filing workers' compensation claims for psychiatric injuries.



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## LICENSES AND CERTIFICATES

**Psychologist** | #PSY 10347

*by State of California Board of Psychology*

**Marriage, Family & Child Therapist** | #MFT 19525

*by State of California Board of Behavioral Science Examiners*

**Board Certified in Forensic Psychology** | #6726

*by the American Board of Professional Psychology*

**Certified in Psychoanalysis**

*by the American Psychoanalytic Association*

**Training and Supervising Psychoanalyst**

*at the New Center for Psychoanalysis*

**Registrant** | #40993

*in the National Register of Health Service Providers in Psychology*

## PROFESSIONAL AFFILIATIONS

- Member, American Psychological Association
- Member, California Psychological Association
- Member, American Psychoanalytic Association
- Member, International Psychoanalytic Association
- Member, New Center for Psychoanalysis
- Member, Society for Personality Assessment
- Member, American Psychology-Law Society
- Member, Chinese American Psychoanalytic Association

## PROFESSIONAL ACTIVITIES

- Faculty, Chinese American Psychoanalytic Association
- Outstanding Teaching Award for 2012, New Center for Psychoanalysis
- Past President, Board of Directors, Rose City Counseling Center
- Expert Reviewer, State of California Board of Psychology
- Expert Reviewer, State of California Board of Behavioral Science Examiners
- Past Member, Board of Directors, New Center for Psychoanalysis, 2005 to 2008
- Past Chair, Ethics Committee, San Gabriel Valley Psychological Association, 1995 to 2010
- Past Chair, Extension Division, New Center for Psychoanalysis, 1995 to 2010
- Past President, San Gabriel Valley Psychological Association 1991 to 1993
- Past Secretary-Treasurer, San Gabriel Valley Psychological Association, 1990
- Former Monthly Columnist in Psychology, *Pasadena Star News*, 1986 to 1989
- Past Member, Toastmasters
- Past Member, Board of Directors, Open Paths Counseling Center
- Past Member, Board of Directors, California Psychological Association
- Past Secretary-Treasurer, Southern California Psychoanalytic Society
- Past Oral Commissioner, State of California Board of Psychology
- Past Oral Commissioner, State of California Board of Behavioral Science Examiners



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## RECENT SCHOLARLY PUBLICATIONS

- Karbelnig, A. (2022). **The Embodied Psychoanalyst: The Mind-Body Impact of Sustained Clinical Practice** Chapter In: *Psychoanalysis and the Mind-Body Problem*. Jon Mills (Ed). NY: Taylor & Francis. (In Production).
- Karbelnig, A. (2022). **Chasing Infinity: Why Clinical Psychoanalysis' Future Rests in Pluralism**. *International Journal of Psychoanalysis* (In Production).
- Karbelnig, A. (2021). **Laying the Death Drive to Rest**. *International Forum of Psychoanalysis*, 30(3). doi.org/10.1080/0803706X.2021.1905179.
- Karbelnig, A. (2021). **The Psychoanalyst as Revolutionary**. *British Journal of Psychotherapy*, 37( 4). doi: 10.1111/bjp.12676.
- Karbelnig, A. (2021). **Resuscitating the (Nearly) Dead Profession of Psychoanalysis A Review of and Comment on Zagermann, P. (Ed.) (2018)**. *International Journal of Controversial Discussions*, Issue 4.
- Karbelnig, A. (2020). **The Theater of the Unconscious Mind**. *Psychoanalytic Psychology*, 37(4): 273–281. doi: 10.1037/pap0000251.
- Karbelnig, A. M. (2018). **A Perilous High Wire Act: Framing Psychoanalytic Relationships with Severely Traumatized Patients**. *The Psychoanalytic Quarterly*, 87(3): 443-478.
- Karbelnig, A. M. (2018). **Addressing Psychoanalysis's Post-Tower of Babel Linguistic Challenge: A Proposal for a Cross-Theoretical, Clinical Nomenclature**. *Contemporary Psychoanalysis*, 103(1): 69-109.
- Karbelnig, A. (2017). **The Geometry of Intimacy: Couples Therapy and Love Triangles**. *Psychoanalytic Psychology* (Print publication pending; published online 2/17).
- Karbelnig, A. (2015). **Stirred by Kafka's A Country Doctor: An Exploration of Psychoanalysts' Styles, Vulnerabilities, and Surrealistic Journeys**. *The Psychoanalytic Review*. (Published online 11/20/15).
- Karbelnig, A. (2014). **The Analyst is Present: Viewing the Psychoanalytic Process as Performance Art**. *Psychoanalytic Psychology*. (Published online 7/28/14).

## RECENT OTHER PUBLICATIONS

- Karbelnig, A. (2007). **9-1-1 Voicemail Messages Insulting**. *The National Psychologist*, 16(3):6,9.
- Karbelnig, A. (2005). **The Fallacy of Evidence-Based Treatments**. *The California Psychologist*, January/February 38:(1):11-13.
- Karbelnig, A. (2000). **Physical Contact Between Psychotherapist and Patient: Ethical, Legal, and Psychoanalytical Considerations**. *The California Psychologist*, 33(6):32-34.
- Karbelnig, A. (1999). **Assaults on Privacy: Reflections on the Erosion of Confidentiality in Psychotherapy**. *The California Psychologist*, 32(6): 34-37.
- Karbelnig, A. (1998). **Psychology's Perverse Vision**. *The California Psychologist*, 31(7):24-25.
- Karbelnig, A. (1997). **An Assault on Safety: The Central Problem of Managed Care**. *The California Psychologist*, 30(1):31-32.
- Karbelnig, A. (1995). **Prescription Privileges: An Iatrogenic Disease for Psychology**. *The California Psychologist*, 28(8):22-23.



ALAN KARBELNIG PhD, ABPP

## RECENT PRESENTATIONS

**Psychoanalysis' Dark Edge: How Psychoanalytic Theory Violates Patients and Constrains Clinicians**

6/1/19; New Center for Psychoanalysis, Los Angeles, CA

**The Unconscious: A Thrilling and Comprehensive Review of Psychoanalytic Theories**

12/15/18; New Center for Psychoanalysis, Los Angeles, CA

**Transference: History, Evolution, Illustration**

5/19/18; New Center for Psychoanalysis, Los Angeles, CA

**Advanced Understanding of Transference and Countertransference**

3/14-3/15/18; Alice Ho Nethersole Hospital, Hong Kong, China

**The Relational Turn in Psychoanalysis**

3/16/18; Peking University, Shenzhen, China

**Deconstructing Post-Election Angst: Psychoanalysis and the Problem of Dialogue**

6/11/17; New Center for Psychoanalysis, Los Angeles, CA

**Law, Ethics, and Psychoanalytic Practice**

6/4/17; Pasadena, CA

**Contemporary Challenges in Psychoanalytic Practice**

1/14/17; Alice Ho Nethersole Hospital, Hong Kong, China

**The Relational Turn in Psychoanalysis**

1/7-8/2017; Chinese American Psychoanalytic Alliance, Shanghai, China

**Lust, Rage, and Intimacy: A Relational Psychoanalytic Model of Couples Therapy**

9/16/16; Pasadena Hilton, Moderator of Presentation by Phil Ringstrom, PhD

**The Multi-Layered Complexities of the Physician-Patient Relationship**

6/1/16; Faculty of the USC/HMH Internal Medicine Department

**Erotic Encounters in Consulting Rooms: An Exploration of Sexual Misconduct by Psychotherapists**

5/14/16; New Center for Psychoanalysis, Los Angeles, CA

**The Lover, the Exorcist, and the Critic: Understanding Depth Psychotherapists' Work**

12/12 and 12/17-19/15; Delhi and Ahmedabad, India

**The Echoes of Unconscious Catastrophes: Three Diverse Views**

9/12/15; Cal Tech, Pasadena, CA

**Bringing the Warring Tribes Under One Roof: How Psychoanalysis Evolves Towards a Unified Clinical Model**

12/13/14; New Center for Psychoanalysis, Los Angeles, CA

**Can Empathy, Spontaneity, and Improvisation Be Taught? Challenges to the Psychoanalytic Educational Process**

11/8/14; Conference of the International Federation for Psychoanalytic Education, San Francisco, CA

**The Analyst Is Present: Viewing the Psychoanalytic Process as Performance Art**

10/25/14; BionInLA Conference, Los Angeles, CA

**Guns, Violence, and Campus Shooting: Psychoanalytic Reflections**

9/13/14; Rose City Center at Cal Tech, Pasadena, CA

**Promoting Autonomy: A Guide for Setting Boundaries in Psychoanalytic Psychotherapy**

5/18/13; New Center for Psychoanalysis, Los Angeles, CA



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## RECENT PRESENTATIONS *(continued)*

### **Integrating British Object Relations Theory into Contemporary Psychoanalysis**

11/18/13; Peking University, Beijing, China

### **The Four Tenets of the First Psychoanalytic Paradigm**

4/12/14; Annual Conference of the California Psychological Association, Monterey, CA

### **Breaking Bad: Aggression in the Counter-Transference**

10/27/12; Rose City Center at CalTech, Pasadena, CA

### **Psychoanalysis as Performance Art: The Triumph of Humanism Over Scientism**

12/8/12; New Center for Psychoanalysis, West Los Angeles, California

### **Understanding Mental Health Law**

8/6/12; Cal Poly San Luis Obispo, San Luis Obispo, California

### **Lust, Envy and Greed: Case Studies in Counter-Transference**

6/2/12; New Center for Psychoanalysis, West Los Angeles, California

## HISTORY OF RECENT DEPOSITIONS

| DATE     | CASE   | RETAINED BY | NATURE OF PROCEEDING              | VENUE                 |
|----------|--|-------------|-----------------------------------|-----------------------|
| 11/16/15 | Golmis v. Mancrief & Tate<br>Terrill Dory, Esq.                | Plaintiff   | Will and Probate Law              | Reno, NV              |
| 02/10/14 | O'Neal v. UWLA Dan Stormer, Esq.                               | Plaintiff   | Employment Law                    | County of Los Angeles |
| 06/25/13 | Halenar v. David Van Zak, PhD                                  | Defense     | Malpractice Law                   | County of Los Angeles |
| 09/06/12 | Hanasabzadeh vs. Hanasabzadeh                                  | Respondent  | Family Law                        | County of Los Angeles |
| 06/21/12 | Karoub v. Board of Behavioral Sciences,<br>Michael German, DAG | Complainant | Administrative Law<br>Bench Trial | County of San Diego   |
| 06/07/12 | Elder v. City of Los Angeles Jeffrey Lipow, Esq.               | Plaintiff   | Employment Law                    | County of Los Angeles |
| 01/17/12 | Torrence v. McDonalds Edward Torres, Esq.                      | Plaintiff   | Employment Law                    | County of Los Angeles |
| 01/10/12 | Dominguez v. County of Los Angeles Douglas Finlayson, Esq.     | Defense     | Workers' Comp                     | County of Los Angeles |



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## HISTORY OF RECENT COURT APPEARANCES

| <b>DATE</b> | <b>CASE</b>   | <b>RETAINED BY</b> | <b>NATURE OF PROCEEDING</b>        | <b>VENUE</b>             |
|-------------|---|--------------------|------------------------------------|--------------------------|
| 08/14/19    | Caseres v. City of Fontana                                | Defense            | Personal Injury                    | County of San Bernardino |
| 12/05/17    | Ravenshanas v. Board of Behavioral Sciences               | Respondent         | Administrative Law                 | County of Los Angeles    |
| 10/28/16    | Berkowitz v. Board of Psychology                          | Respondent         | Administrative Law                 | County of Los Angeles    |
| 11/16/15    | Nightingale v. Board of Psychology                        | Complainant        | Administrative Law                 | County of Orange         |
| 11/18/11    | Siegel v. Board of Psychology Steven Frankel, Esq.        | Respondent         | Hearing Before Board of Psychology | County of San Francisco  |
| 09/07/11    | Snyder v. Board of Behavioral Sciences, Alan Kaplan, Esq. | Respondent         | Administrative Law Bench Trial     | County of Los Angeles    |
| 05/25/10    | Chesher v. Board of Behavioral Sciences                   | Complainant        | Administrative Law Bench Trial     | County of Los Angeles    |
| 10/13/09    | Peck-Pruitt v. JC Penney Robert Tomlin, Esq.              | Applicant          | Workers' Comp                      | County of Los Angeles    |
| 06/09/09    | Suiter v. Board of Psychology Samuel Hammond, DAG         | Complainant        | Administrative Law Bench Trial     | County of Riverside      |
| 05/26/09    | Shu-Luk v. Landwin Management Edward Torres, Esq.         | Plaintiff          | Employment Law Jury Trial          | County of Los Angeles    |
| 05/13/09    | Bunce v. St. of California Jennifer Paredes, DAG          | Complainant        | Administrative Law Bench Trial     | County of Fresno         |
| 09/04/08    | Luk v. Landwin Management, Inc, et al Edward Torres, Esq. | Plaintiff          | Employment Law                     | County of Los Angeles    |
| 02/06/08    | Singh v. Southland Stone Krishna Malhotra, Esq.           | Plaintiff          | Employment Law Jury Trial          | County of Los Angeles    |
| 10/17/07    | Bobo v. Simpson Family, Inc. Edward Torres, Esq.          | Defense            | Employment Law                     | County of Los Angeles    |
| 11/16/06    | Ball v. Lochner Adina T. Turman, Esq.                     | Petitioner         | Family Law                         | County of Los Angeles    |
| 11/28/05    | Wysinger v. AAA Dan Stormer, Esq.                         | Respondent         | Employment Law Jury Trial          | County of Santa Barbara  |