



ALAN KARBELNIG PhD, ABPP

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PSYCHOLOGIST – PSY10347

*Psychotherapy
Psychoanalysis &
Psychological
Assessment*

BIOGRAPHY

Psychotherapy: Dr. Karbelnig provides psychoanalytically oriented psychotherapy to individuals, couples, and families. He trained in counseling psychology at USC, and in psychoanalysis at the New Center for Psychoanalysis (NCP). Later, he achieved the status of a Supervising and Training Psychoanalyst. Further, he founded, serves on the Board of Directors of, and teaches at Rose City Center—a not-for-profit psychoanalytic psychotherapy clinic serving the economically disadvantaged.

Teaching: An award-winning teacher, Dr. Karbelnig lectures locally, nationally and internationally including in Beijing, Hong Kong, and Shenzhen, China, where he taught “the relational turn” and in Delhi and Ahmedabad, India where he lectured on “The Lover, The Exorcist, and The Critic: Psychoanalysts’ Three Faces.” He teaches residents in Psychiatry at UC Irvine and has spoken to USC Medical School Faculty on “The Complexities of the Physician-Patient Relationship.”

Writing: A scholar in psychoanalysis, psychoanalytic psychotherapy, mental health law and ethics, Dr. Karbelnig has published articles in professional journals and periodicals.

Forensic Psychology: Dr. Karbelnig is Board Certified in Forensic Psychology by the American Board of Professional Psychology (ABPP). He provides a wide range of forensic psychology services specializing in employment law (such as determining the psychological impact of wrongful termination, age discrimination or sexual harassment) and administrative law (such as evaluating the competency of physicians, lawyers, psychologists and other professionals). He is also certified by the Peace Officers Standards and Training (POST) commission to conduct psychological evaluations of peace officers.

EDUCATION

PhD	NEW CENTER FOR PSYCHOANALYSIS Psychoanalytic Training Program Thesis Topic: Demoniactal Possession Revisited: Studies in Splitting, Identification and Enactment	1996
PhD	UNIVERSITY OF SOUTHERN CALIFORNIA Department of Counseling Psychology Specialization in Clinical Assessment Dissertation Topic: Psychosocial Factors Affecting Compliance with Stress Management Programs	1986
MS	UNIVERSITY OF SOUTHERN CALIFORNIA Department of Counseling Psychology Masters Thesis Topic: Social Isolation and Adolescent Suicide	1981
BA	UNIVERSITY OF CALIFORNIA AT LOS ANGELES Department of Psychology Highest Department Honors Senior Honors Thesis Topic: Effects of Aerobic Running on Trait Anxiety UCLA <i>Daily Bruin</i> Staff: Editorial Director, City Editor & Writer	1979



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EXPERIENCE

Psychologist; Psychoanalyst

PRIVATE PRACTICE

1988 - Present

Provide psychotherapeutic services to individuals, groups, and families with additional specialization in clinical assessment with special interest in forensic psychology evaluations. Also perform assessments of psychiatric inpatients and outpatients for determination of precise diagnosis, treatment planning, and related issues.

Senior Faculty

THE NEW CENTER FOR PSYCHOANALYSIS

1996 - Present

Teach courses in psychoanalytic training, psychodynamic psychotherapy, and extension division programs. Courses include both theoretical and applied clinical topics.

Co-Director; Psychologist

FAIR OAKS PSYCHOLOGICAL ASSOCIATES

1989- 1994

In an effort to establish a multi-disciplinary mental health group to evaluate and treat patients involved in various legal proceedings, Fair Oaks Psychological Associates was established in early 1989. As Co-Director, administered a wide range of evaluation and treatment services. Also provided direct services. The group offered comprehensive psychological evaluations of patients involved in workers' compensation, personal injury, family law, criminal law, and other forensic matters. Staff included psychologists, psychiatrists, and marriage, family, and child counselors.

Adjunct Professor of Psychology

FULLER GRADUATE SCHOOL OF PSYCHOLOGY

1990 - 1992

FULLER THEOLOGICAL SEMINARY

Taught course titled An Integrated approach to Assessment to graduate students in psychology. Course focuses on integrating psychological test data with information garnered from mental status examinations, interviews, and medical records into comprehensive reports useful in a variety of treatment and forensic settings.

Staff Psychologist

OPEN PATHS COMMUNITY COUNSELING CENTER

1979 - 1990

Practiced individual, group, and family psychotherapy for low income members of the West Los Angeles community. Provided in-service training in psychotherapy and assessment for students and interns. Developed community service programs.

Staff Psychologist

WARREN L. JONES, M.D., Ph.D. & ASSOCIATES

1985 - 1989

Provided psychotherapeutic and assessment services for individuals, groups and families. Assisted in forensic psychology evaluations conducted as part of a variety of legal proceedings.

Registered Psychological Assistant

BLOCH MEDICAL CLINIC

1981 - 1985

Provided psychotherapy, biofeedback, and assessment services for patients filing workers' compensation claims for psychiatric injuries.



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LICENSES AND CERTIFICATES

Psychologist | #PSY 10347

by State of California Board of Psychology

Marriage, Family & Child Therapist | #MFT 19525

by State of California Board of Behavioral Science Examiners

Board Certified in Forensic Psychology | #6726

by the American Board of Professional Psychology

Certified in Psychoanalysis

by the American Psychoanalytic Association

Training and Supervising Psychoanalyst

at the New Center for Psychoanalysis

Registrant | #40993

in the National Register of Health Service Providers in Psychology

PROFESSIONAL AFFILIATIONS

- Member, American Psychological Association
- Member, California Psychological Association
- Member, American Psychoanalytic Association
- Member, International Psychoanalytic Association
- Member, New Center for Psychoanalysis
- Member, Society for Personality Assessment
- Member, American Psychology-Law Society
- Member, Chinese American Psychoanalytic Association

PROFESSIONAL ACTIVITIES

- Faculty, Chinese American Psychoanalytic Association
- Outstanding Teaching Award for 2012, New Center for Psychoanalysis
- Past President, Board of Directors, Rose City Counseling Center
- Expert Reviewer, State of California Board of Psychology
- Expert Reviewer, State of California Board of Behavioral Science Examiners
- Past Member, Board of Directors, New Center for Psychoanalysis, 2005 to 2008
- Past Chair, Ethics Committee, San Gabriel Valley Psychological Association, 1995 to 2010
- Past Chair, Extension Division, New Center for Psychoanalysis, 1995 to 2010
- Past President, San Gabriel Valley Psychological Association 1991 to 1993
- Past Secretary-Treasurer, San Gabriel Valley Psychological Association, 1990
- Former Monthly Columnist in Psychology, *Pasadena Star News*, 1986 to 1989
- Past Member, Toastmasters
- Past Member, Board of Directors, Open Paths Counseling Center
- Past Member, Board of Directors, California Psychological Association
- Past Secretary-Treasurer, Southern California Psychoanalytic Society
- Past Oral Commissioner, State of California Board of Psychology
- Past Oral Commissioner, State of California Board of Behavioral Science Examiners



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RECENT SCHOLARLY PUBLICATIONS

- Karbelnig, A. (2019). **The Theater of the Unconscious Mind.** *Psychoanalytic Psychology*. Advance online publication. <http://dx.doi.org/10.1037/pap0000251>.
- Karbelnig, A. (2019). **The Analyst is Present: Viewing the Psychoanalytic Process as Performance Art.** In Aliosobhani, A. and Corstorphine, G. (Eds.), *Explorations in Bion's 'O: Everything We Know Nothing About*. New York: Routledge.
- Karbelnig, A. (2018). **A Perilous High Wire Act: Framing Psychoanalytic Relationships with Severely Traumatized Patients.** *Psychoanalytic Quarterly*, 87:3, 443-478. DOI: 10.1080/00332828.2018.1495517
- Karbelnig, A. (2018) **Addressing Psychoanalysis's Post-Tower of Babel Linguistic Challenge: A Proposal for a Cross-Theoretical, Clinical Nomenclature.** *Contemporary Psychoanalysis*, 54(2):322-350. doi: 10.1080/00107530.2018.1457928.
- Karbelnig, A. (2018) **The Geometry of Intimacy: Love triangles and Couples Therapy.** *Psychoanalytic Psychology*, 35(1):70-82. <http://dx.doi.org/10.1037/pap0000144>.
- Karbelnig, A. (2016). **Stirred by Kafka's A Country Doctor: An Exploration of Psychoanalysts' Styles, Vulnerabilities, and Surrealistic Journeys.** *The Psychoanalytic Review*, 103(1): 69-101.
- Karbelnig, A. (2014). **The Sanctuary of Empathy and the Invitation of Engagement: Psychic Retreat, Kafka's "A Hunger Artist," and the Psychoanalytic Process.** *The Psychoanalytic Review*, 101(6), 895-924. doi: 10.1521/prev.2014.101.6.895.
- Karbelnig, A. (2014). **The Analyst is Present: Viewing the Psychoanalytic Process as Performance Art.** *Psychoanalytic Psychology*. (Published online 7/28/14).

RECENT OTHER PUBLICATIONS

- Karbelnig, A. (2007). **9-1-1 Voicemail Messages Insulting.** *The National Psychologist*, 16(3):6,9.
- Karbelnig, A. (2005). **The Fallacy of Evidence-Based Treatments.** *The California Psychologist*, January/February 38:(1):11-13.
- Karbelnig, A. (2000). **Physical Contact Between Psychotherapist and Patient: Ethical, Legal, and Psychoanalytical Considerations.** *The California Psychologist*, 33(6):32-34.
- Karbelnig, A. (1999). **Assaults on Privacy: Reflections on the Erosion of Confidentiality in Psychotherapy.** *The California Psychologist*, 32(6): 34-37.
- Karbelnig, A. (1998). **Psychology's Perverse Vision.** *The California Psychologist*, 31(7):24-25.
- Karbelnig, A. (1997). **An Assault on Safety: The Central Problem of Managed Care.** *The California Psychologist*, 30(1):31-32.
- Karbelnig, A. (1995). **Prescription Privileges: An Iatrogenic Disease for Psychology.** *The California Psychologist*, 28(8):22-23.

RECENT PRESENTATIONS

- Psychoanalysis' Dark Edge: How Psychoanalytic Theory Violates Patients and Constrains Clinicians**
6/1/19; New Center for Psychoanalysis, West Los Angeles, California



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RECENT PRESENTATIONS *(continued)*

The Unconscious: A Thrilling and Comprehensive Review of Psychoanalytic Theories

12/15/18; New Center for Psychoanalysis, West Los Angeles, California

Transference: History, Evolution, Illustration

5/19/18; The New Center for Psychoanalysis, Los Angeles, California

Advanced Understanding of Transference and Countertransference

3/14-3/15/18; Alice Ho Nethersole Hospital, Hong Kong, China

The Relational Turn in Psychoanalysis

3/16/18; Peking University, Shenzhen, China

Deconstructing Post-Election Angst: Psychoanalysis and the Problem of Dialogue

6/11/17; The New Center for Psychoanalysis, Los Angeles, California

Law, Ethics, and Psychoanalytic Practice

6/4/17; Pasadena, California

Contemporary Challenges in Psychoanalytic Practice

1/14/17; Alice Ho Nethersole Hospital, Hong Kong, China.

The Relational Turn in Psychoanalysis

1/7-8/2017; Chinese American Psychoanalytic Alliance, Shanghai, China

Lust, Rage, and Intimacy: A Relational Psychoanalytic Model of Couples Therapy

9/16/16; Pasadena Hilton, Moderator of Presentation by Phil Ringstrom, PhD

The Multi-Layered Complexities of the Physician-Patient Relationship

6/1/16; Faculty of the USC/HMH Internal Medicine Department

Erotic Encounters in Consulting Rooms: An Exploration of Sexual Misconduct by Psychotherapists

5/14/16; New Center for Psychoanalysis.

The Lover, the Exorcist, and the Critic: Understanding Depth Psychotherapists' Work

12/12 and 12/17-19/15; Delhi and Ahmedabad, India

The Echoes of Unconscious Catastrophes: Three Diverse Views

9/12/15; Cal Tech, Pasadena, California

Bringing the Warring Tribes Under One Roof: How Psychoanalysis Evolves Towards a Unified Clinical Model

12/13/14; New Center for Psychoanalysis, West Los Angeles, California

Can Empathy, Spontaneity, and Improvisation Be Taught? Challenges to the Psychoanalytic Educational Process

11/8/14; Conference of the International Federation for Psychoanalytic Education, San Francisco, California

The Analyst Is Present: Viewing the Psychoanalytic Process as Performance Art

10/25/14; BionInLA Conference, Los Angeles, California

Guns, Violence, and Campus Shooting: Psychoanalytic Reflections

9/13/14; Rose City Center at Cal Tech, Pasadena, California

Promoting Autonomy: A Guide for Setting Boundaries in Psychoanalytic Psychotherapy

5/18/13; New Center for Psychoanalysis, West Los Angeles, California

Integrating British Object Relations Theory into Contemporary Psychoanalysis

11/18/13; Peking University, Beijing, China



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RECENT PRESENTATIONS *(continued)*

The Four Tenets of the First Psychoanalytic Paradigm

4/12/14; Annual Conference of the California Psychological Association, Monterey, California

Breaking Bad: Aggression in the Counter-Transference

10/27/12; Rose City Center at CalTech, Pasadena, California

Psychoanalysis as Performance Art: The Triumph of Humanism Over Scientism

12/8/12; New Center for Psychoanalysis, West Los Angeles, California

Understanding Mental Health Law

8/6/12; Cal Poly San Luis Obispo, San Luis Obispo, California

Lust, Envy and Greed: Case Studies in Counter-Transference

6/2/12; New Center for Psychoanalysis, West Los Angeles, California

Existential Philosophy and Psychotherapy

1/7/12; New Center for Psychoanalysis, West Los Angeles, California

The Psychological Evaluation Process

9/27/11; Anatomy and Physiology 101 for Attorneys; Conference, Sponsored by the National Business Institute, Pasadena, California

HISTORY OF RECENT DEPOSITIONS

DATE	CASE	RETAINED BY	NATURE OF PROCEEDING	VENUE
11/16/15	Golmis v. Mancrief & Tate Terrill Dory, Esq.	Plaintiff	Will and Probate Law	Reno, NV
02/10/14	O'Neal v. UWLA Dan Stormer, Esq.	Plaintiff	Employment Law	County of Los Angeles
06/25/13	Halenar v. David Van Zak, PhD	Defense	Malpractice Law	County of Los Angeles
09/06/12	Hanasabzadeh vs. Hanasabzadeh	Respondent	Family Law	County of Los Angeles
06/21/12	Karoub v. Board of Behavioral Sciences, Michael German, DAG	Complainant	Administrative Law Bench Trial	County of San Diego
06/07/12	Elder v. City of Los Angeles Jeffrey Lipow, Esq.	Plaintiff	Employment Law	County of Los Angeles
01/17/12	Torrence v. McDonalds Edward Torres, Esq.	Plaintiff	Employment Law	County of Los Angeles
01/10/12	Dominguez v. County of Los Angeles Douglas Finlayson, Esq.	Defense	Workers' Comp	County of Los Angeles



HISTORY OF RECENT COURT APPEARANCES

DATE	CASE	RETAINED BY	NATURE OF PROCEEDING	VENUE
08/14/19	Caseres v. City of Fontana	Defense	Personal Injury	County of San Bernardino
12/05/17	Ravenshanas v. Board of Behavioral Sciences	Respondent	Administrative Law	County of Los Angeles
10/28/16	Berkowitz v. Board of Psychology	Respondent	Administrative Law	County of Los Angeles
11/16/15	Nightingale v. Board of Psychology	Complainant	Administrative Law	County of Orange
11/18/11	Siegel v. Board of Psychology Steven Frankel, Esq.	Respondent	Hearing Before Board of Psychology	County of San Francisco
09/07/11	Snyder v. Board of Behavioral Sciences, Alan Kaplan, Esq.	Respondent	Administrative Law Bench Trial	County of Los Angeles
05/25/10	Chesher v. Board of Behavioral Sciences	Complainant	Administrative Law Bench Trial	County of Los Angeles
10/13/09	Peck-Pruitt v. JC Penney Robert Tomlin, Esq.	Applicant	Workers' Comp	County of Los Angeles
06/09/09	Suiter v. Board of Psychology Samuel Hammond, DAG	Complainant	Administrative Law Bench Trial	County of Riverside
05/26/09	Shu-Luk v. Landwin Management Edward Torres, Esq.	Plaintiff	Employment Law Jury Trial	County of Los Angeles
05/13/09	Bunce v. St. of California Jennifer Paredes, DAG	Complainant	Administrative Law Bench Trial	County of Fresno
09/04/08	Luk v. Landwin Management, Inc, et al Edward Torres, Esq.	Plaintiff	Employment Law	County of Los Angeles
02/06/08	Singh v. Southland Stone Krishna Malhotra, Esq.	Plaintiff	Employment Law Jury Trial	County of Los Angeles
10/17/07	Bobo v. Simpson Family, Inc. Edward Torres, Esq.	Defense	Employment Law	County of Los Angeles
11/16/06	Ball v. Lochner Adina T. Turman, Esq.	Petitioner	Family Law	County of Los Angeles
11/28/05	Wysinger v. AAA Dan Stormer, Esq.	Respondent	Employment Law Jury Trial	County of Santa Barbara